








In Kasuga city, we will support you from the time you receive a Mother and Child Health handbook and during the process of raising your children.Please confirm what you need for birth and other procedures using the plan below.

What kind of maternity life do you want to lead?



Each trimester of pregnancy	first trimester (week 1-12)															second trimester (Week 13-27)													third trimester (Week 28-40)															<div>When the baby is born (When/Where)</div> 																											
pregnancy month	2 months					3 months					4 months					5 months					6 months					7 months					8 months					9 months					1 0 months																														
gestational week	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41																																	
Pregnancy checkup interval	once every 4 weeks															once every 2~4 weeks													once every 2 weeks										once a week																																
What we want you to decide/check items	<div><div><input type="checkbox"/>Have you decided at which hospital you want to deliver?</div><div><input type="checkbox"/>Are you married?</div><div><input type="checkbox"/>Do you and your husband have the same residence card?</div><div><input type="checkbox"/>Are you a non-smoker?</div><div><input type="checkbox"/>Do you drink alcohol?</div><div><input type="checkbox"/>If you have an illness that is being treated, have you informed your doctor about your pregnancy?</div><div><input type="checkbox"/>If you take medicines, are you consulting your doctor?</div></div> 															<div><div><input type="checkbox"/>Is there anyone to support you after giving birth?</div><div><input type="checkbox"/>If you are going to return to your parents' home when you give birth, have you decided when and how you are getting back?</div><div><input type="checkbox"/>Is your husband doing housework and childcare?</div></div>															<div><div><input type="checkbox"/>Have you decided how you will go to the hospital when you are ready to give birth?</div><div><input type="checkbox"/>Have you decided who will handle postpartum procedures?</div></div> 															<div><div><input type="checkbox"/>Have a newborn hearing test (Hospitalized/maternity hospital)</div><div><input type="checkbox"/>Submit birth certificate (Within 14 days after birth/ City hall)</div><div><input type="checkbox"/>Apply for health insurance card (Within 14 days after birth/Workplace or city hall)</div><div><input type="checkbox"/>Apply for child allowance (After birth/City hall)</div><div><input type="checkbox"/>Apply for a child medical benefit certificate (After birth/City hall)</div><div><input type="checkbox"/>Attend a maternal health checkup (2 weeks ・ one month after birth/maternity hospital)</div><div><input type="checkbox"/>Attend one month medical checkup (own expense) (Around one month old/ maternity hospital)</div><div><input type="checkbox"/>Consider using postnatal care and prenatal and postnatal support services</div><div><input type="checkbox"/>If you return to your parent's house to give birth and pay for prenatal checkups, obstetric checkup, and newborn hearing tests, apply for reimbursement.(Within 1 year from the date of last visit/Childcare Support Division)</div><div><input type="checkbox"/>Check information concerning baby visit and make a reservation (1 month old/parenting, child support app "Harukko")</div><div><input type="checkbox"/>Receive a baby visit (Until 3 months old/home)</div><div><input type="checkbox"/>Apply for childcare support benefits (50,000 yen) (The time of baby visit)</div></div>																									
Necessary procedures etc.	<div><div><input type="checkbox"/>Receive a mother and child health handbook after the pregnancy notification interview.</div><div><input type="checkbox"/>Apply for childbirth support benefits (50,000 yen)</div><div><input type="checkbox"/>Decide the hospital you will give birth and make a reservation.</div><div>※Let's confirm the first consultation period at the delivery hospital if you are going to giving birth at your parent's house.</div><div>※You can't use a prenatal checkup ticket in your hometown (other than Fukuoka, Saga and Oita). You need to carry out procedures for reimbursement.</div><div><input type="checkbox"/>Attend a pregnancy checkup</div></div>															<div><div><input type="checkbox"/>Attend a pregnancy checkup</div><div><input type="checkbox"/>Dental checkup (own expense) and consultation (optional)</div></div> 															<div><div><input type="checkbox"/>Attend a pregnancy checkup</div><div><input type="checkbox"/>Answer the 7 months pregnant questionnaire (required), and have an interview if you wish.</div><div><input type="checkbox"/>Register prenatal and postnatal support business.</div><div><input type="checkbox"/>Prepare items needed for hospitalization</div><div><input type="checkbox"/>Prepare items needed for childcare</div><div><input type="checkbox"/>Confirm with your insurance association about the direct payment system for lump sum childbirth benefits.</div><div><input type="checkbox"/>Register contact details of hospital and taxi company for the time of childbirth</div></div>															<div><div><input type="checkbox"/>Attend a pregnancy checkup</div><div><input type="checkbox"/>Consider using postnatal care and prenatal and postnatal support services</div><div><input type="checkbox"/>If you return to your parent's house to give birth and pay for prenatal checkups, obstetric checkup, and newborn hearing tests, apply for reimbursement.(Within 1 year from the date of last visit/Childcare Support Division)</div><div><input type="checkbox"/>Check information concerning baby visit and make a reservation (1 month old/parenting, child support app "Harukko")</div><div><input type="checkbox"/>Receive a baby visit (Until 3 months old/home)</div><div><input type="checkbox"/>Apply for childcare support benefits (50,000 yen) (The time of baby visit)</div></div>																									
Related to maternity class	<div><div><input type="checkbox"/>Attend a maternity class (optional)</div></div>																														<div><div><input type="checkbox"/>Attend a maternity class (optional)</div><div><input type="checkbox"/>Attend a class for parents (optional)</div><div><input type="checkbox"/>Attend prenatal class at the hospital (optional)</div></div>															<div><div><input type="checkbox"/>Decide on a family pediatrician and start vaccinations (2 months old/Pediatrics)</div></div>																									
Person working	<div><div><input type="checkbox"/>Inform your workplace of your expected birth date and consult them about working during pregnancy.</div><div><input type="checkbox"/>If you are not feeling well, consult your doctor or midwife and submit the "Maternal and Child Health Management Guidance Notification card" to your workplace.</div><div><input type="checkbox"/>If you need time for a health checkup for pregnant women, apply to your workplace.</div></div>															<div><div><input type="checkbox"/>Consult your workplace about maternity leave and organize a schedule until maternity leave.</div><div><input type="checkbox"/>Discuss childcare leave with your family(Including postpartum paternity leave)</div><div><input type="checkbox"/>Prepare for handover of work</div><div><input type="checkbox"/>If you are going to take childcare leave, collect information about nursery schools.</div></div>															<div><div><input type="checkbox"/>Tell your workplace how you want to work after giving birth.</div><div><input type="checkbox"/>Take maternity leave</div></div> 															<div><div><input type="checkbox"/>Report the date of birth and confirm the maternity leave period (eight weeks after giving birth).</div><div><input type="checkbox"/>Apply to your workplace for exemption from social insurance premiums (health insurance/employee pension) before and after childcare.</div><div><input type="checkbox"/>Consider when you want to return to work and apply for childcare leave.</div><div><input type="checkbox"/>Start preparing to apply for nursery school</div><div><input type="checkbox"/>Apply to your workplace for exemption from social insurance premiums during childcare leave.</div></div>																									
Have a sibling with special needs	<div><div><input type="checkbox"/>Decide with your family what support will be provided when not feeling well or when giving birth.</div><div><input type="checkbox"/>If your child belongs to some organization (nursery school, etc.), inform your pregnancy to that group.</div><div><input type="checkbox"/>If your child doesn't belong to an organization (nursery school, etc.), collect information about temporary childcare and family support services.</div></div>																														<div><div></div><div></div></div>																																								

If you have to pay for prenatal checkups, obstetric checkups, and newborn hearing tests when you return to your parent's house to give birth, you can apply electronically for the subsidy here. Please access from the 2D code on the right.



<Contact>  
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