






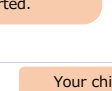
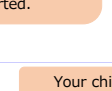
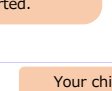
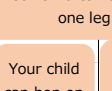

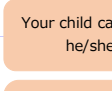

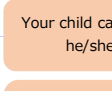

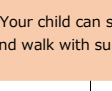
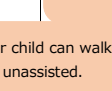
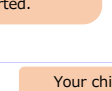
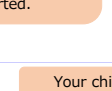
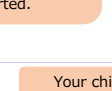
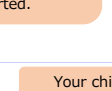

















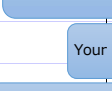
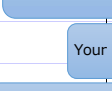
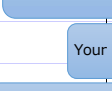
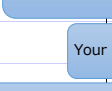

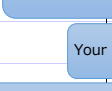















Kasuga City Childrearing Self-Plan

In Kasuga City, we are here to help you give birth and raise your child with peace of mind.
Please examine the tables below and use them to confirm necessary procedures and your child's development.

How would you like to spend time with your child?

英語版

Age of the moon・Age		Birth	One month old	Two months old	Three months old	Four months old	Five months old	Six months old	Seven months old	Eight months old	Nine months old	10 months old	11 months old	One Year old	18 months old	Two years old	Two and a half years old	Three years old	Three and a half years old
B a b y s c o n d i t i o n (S t a n d a r d)	(Hand, foot, head, finger)		Your baby can move his/her arms and legs. 		Your child's head and neck are stable. 		Your child can turn over. 	Your child can sit while using his hands as support. 	Your child can sit up for a while without any support. 			Your child can stand and walk with support. 	Your child can stand unassisted. 	Your child can walk unassisted. 	Your child can run. He / She can go up the stairs if one of his / her hands are supported. 	Your child can climb stairs by alternating his / her legs. 		Your child can stand on one leg. 	Your child can ride a tricycle. 
						Your child can grab what he/she sees. 	Your child can use the palm of his / her hand to grab and hold things. 	Your child can stretch his / her hands towards things that interest him / her. 	Your child can grab things using his/her thumb and index finger. 	Your child can drink water from a cup. 	Your child can scribble and draw circles. 	Your child can use a spoon. 	Your child can stack three ~ ten blocks. 	Your child can draw a circle. 	Your child can button his / her clothes. 				
	(Socially)		Your child cries to express what he/she wants. 	Your baby laughs when you play with him/her. 			Starts to feel uncomfortable and anxious when meeting people or visiting places 	Your baby has started to cry during the night. 	The baby follows his / her mother and father. 	Your child can interact and play. 	Your child is interested in other children. 	Your child begins to enjoy playing house 	Your child wants to possess things he/she is interested in. 	Your child wants to help you. 	Your child can engage in imaginative play. 	Your child can borrow and lend things and wait for his/her turn when with friends. 			
	(Language)		Your child's sight becomes clearer. 	Your child responds to the voice he/she hears. 	Your child can utter such words as "a-a" and "baba". (Babbling) 	Your child stretches out his/her arms when you 	If you point, your child looks at your finger and the person you point to. 	Your baby can repeat what you say. 	Your child can imitate the words 	Your child can look in the direction you point. 	Your child points to things he/she wants. 	Your child begins to utter meaningful words. 	Your child can point to objects when asked, "Which one is ...?". 	Your child increasingly asks questions like 	Your child compares what he/she makes with something else. 	Your child can understand colors like red, blue, yellow, 	Your child can convey what he/she experiences by using 		
Food						Baby food Early 	Baby food Middle 	LateBaby food 	Baby food Completion 										
Age of the moon・Age		Birth	One month old	Two months old	Three months old	Four months old	Five months old	Six months old	Seven months old	Eight months old	Nine months old	10 months old	11 months old	One Year old	18 months old	Two years old	Two and a half years old	Three years old	Three and a half years old
P r o c e d u r e s		<input type="checkbox"/> Application for necessary public support after birth (Birth certificate・Child allowance・Medical subsidy certificate for children・Health insurance card, etc.)	<input type="checkbox"/> Project for visiting all families with a baby (Home visit for the newborn baby) <input type="checkbox"/> Application for childcare support benefit				Six months anniversary ! 				* When returning to work one year after giving birth <input type="checkbox"/> Application for day care center			First birthday Congratulations ! ! 	Second birthday Congratulations ! ! 			Third birthday Congratulations Looking back, what were the last three years like for your 	
t h i n g s		<input type="checkbox"/> Postnatal check up <input type="checkbox"/> Newborn	<input type="checkbox"/> Health Checkup for Your Baby at	<input type="checkbox"/> Start receiving routine		<input type="checkbox"/> Health checkup for your baby at four months (Iki-Iki Plaza) * Until the day before your child						<input type="checkbox"/> Health checkup for your baby when he/she is 10 months (Pediatrics)			<input type="checkbox"/> Health checkup for your baby when he/she is 18 months old (Pediatrics・Dentist)			<input type="checkbox"/> Health checkup for your baby when he/she is three years old (Iki-Iki Plaza)	
C h i l d s u p p o r t i n g		<input type="checkbox"/> Postpartum Care ・ Available period : Less than one year from the date of birth (Type of accomodation for less than 4 months) ・ Method used : Directly contact the midwifery clinic or gynecology medical institution that have ties with Kasuga city to establish the time and length of use. ・ Usage fee : Accommodation type 3,000 yen per day、Day trip type 2,000 yen per day、Type of visit 1,000 yen per time * Subsidies will be provided if you receive postnatal care outside the available facilities.For more information, please visit the city's website.		<input type="checkbox"/> Participate in children's centers and child care salons Please check the children's center website for information		<input type="checkbox"/> Prenatal and postnatal support business ・ Available period : Less than one year after delivery from the date you receive the mother and child handbook ・ Method used : After registering with the prenatal and postnatal support business, confirm directly with contractors for scheduling.Application can be made from the parenting app "Harukko". ・ Usage fee : 500 yen per hour (Upper limit of 20 hours)		<input type="checkbox"/> Classes for baby food (Middle)			<input type="checkbox"/> Sukusuku childcare consultation Childcare consultation by public health nurses, midwives, etc. are provided at Ikiiki Plaza.Because of the advanced booking system, reserve your preferred date and time through the parenting app "Harukko". Online consultations are also available.Please contact the Childcare Support Division.				<input type="checkbox"/> Fukuoka Prefecture Pediatric Emergency Telephone Consultation Nurses and pediatrics will provide advice to parents in response to their child's sudden illness or injury. 【Reception hours】 Weekdays : 7:00 p.m. - 7:00 a.m. the next day Saturday : Noon to 7:00 a.m. the next day Sunday and holidays : 7:00 a.m. - 7:00 a.m. the next day				

<Contact>

Kasuga City Children and Family Center
(Childcare Support Division, Mother and Child Health, Ikiiki Plaza)



この翻訳は、福岡女学院大学にご協力いただきました(2024. 11)
This translation is supported by

8 0 0 0
or
7 3 1 - 4 1 1 9